**Services and Resources for Covid-19 response**

GCVS Directory of third sector support available:

http://www.gcvs.org.uk/blog/glasgow-community-support-around-covid19-directory/

SCVO Community Assistance Directory to find out what support is available on the ground in each area:

https://coronavirus.scvo.org/

Map and info for foodbanks and community meals in each area:

https://www.urbanroots.org.uk/freefood/

Glasgow Mutual Aid - Access to support in each local area to provide support required including delivering food and providing support required to those in isolation:

glasgowmutualaid@protonmail.com

text or phone us at 01412807025 (text preferred)

Drumchapel Foodbank, KCEDG, Unit 9, Ladyloan Place, G15 8LB:

www.drumchapelfoodbank.co.uk

01419443335

Refuweegee - Deliver support packages including toilet roll, nappies, Food - shopping or meals, toys, board games, books(support available to everyone):

https://www.refuweegee.co.uk/

Text PACK to 07520648388 to request items

enquiries@refuweegee.co.uk

Linkes – Meals available for people living in the Linkes flats in Knightswood:

contact@linkes.org.uk

01419547554

Birth, Baby & Beyond – Emergency baby packs including nappies, formula and wipes and starter packs are available to families facing financial hardship:

https://birthbabybeyond.org.uk/

contactus@birthbabybeyond.org.uk

0141 339 7320 - Phone line is open 10am – 12pm Wednesday to Saturday. Packs are delivered from 12pm

COPE – phone and online support relating to emotional health for anyone in Drumchapel, Knightswood, Yoker, Temple, Blairdardie, Anniesland, Scotstoun, Whiteinch & Dumbarton Road Corridor:

https://www.cope-scotland.org/

admin@cope-scotland.org

01419445490 / 07763743296

Support and information for support with fuel costs:

https://energysavingtrust.org.uk/scotland/home-energy-scotland

Home Energy Scotland free on 0808 808 2282

Emma.Howe@sc.homeenergyscotland.org

01413033131 / 07593934850

Aberlour Urgent Assistance Fund – hardship grants for families – needs a sponsor agency to apply on behalf of the family:

https://www.aberlour.org.uk/service-category/urgent-assistance-fund/

Parentline – phone support for parents:

https://www.children1st.org.uk/help-for-families/parentline-scotland/

**08000 28 22 33**

Money Matters – Advice and information relating to finances and financial/welfare rights:

http://www.moneymattersweb.co.uk/

Emergency utility credit grant applications for those experiencing financial hardship (up to £28 for an individual and up to £49 for a family). Application needs to be submitted by a sponsor agency:

http://www.moneymattersweb.co.uk/grant-applications/

advice@moneymattersweb.co.uk

Advice line – 01414455221

Citizens Advice Scotland:

https://www.cas.org.uk/bureaux/glasgow-central-citizens-advice-bureau

01415525556

Money Advice Scotland - Dealing with debt or money worries:

https://www.moneyadvicescotland.org.uk/

Up to date information on Consumer Rights, Employment Rights, Housing Advice, Financial Advice, Job Retention Scheme and compiling a list of useful contacts that citizens can access in their local area:

https://coronavirusadvice.scot/

0808 800 9060

Information relation to support for mental health and wellbeing:

https://www.samh.org.uk/about-mental-health/self-help-and-wellbeing/coronavirus-and-your-mental-wellbeing

Samaritans:

https://www.samaritans.org/?nation=scotland

116123

jo@samaritans.org

Childline:

www.childline.org.uk/

08001111

Breathing Space – phone support:

www.breathingspace.scot/

0800838587

Universal Credit Helpline:

https://www.gov.uk/universal-credit/contact-universal-credit

08081699901

Domestic Abuse and Forced Marriage Helpline:

https://sdafmh.org.uk/

08000271234

Access to information about Covid-19 in other languages:

https://www.doctorsoftheworld.org.uk/coronavirus-information/

Links to recorded webinars & other materials related to understanding & coping with the stress, distress & trauma of this pandemic from Bruce Perry Neurosequential:

https://www.neurosequential.com/covid-19-resources