**Services and Resources for Covid-19 response**

GCVS Directory of third sector support available:

[http://www.gcvs.org.uk/blog/glasgow-community-support-around-covid19-directory/](about:blank)

SCVO Community Assistance Directory to find out what support is available on the ground in each area:

[https://coronavirus.scvo.org/](about:blank)

Map and info for foodbanks and community meals in each area:

[https://www.urbanroots.org.uk/freefood/](about:blank)

Glasgow Mutual Aid - Access to support in each local area to provide support required including delivering food and providing support required to those in isolation:

[glasgowmutualaid@protonmail.com](about:blank)

text or phone us at 01412807025 (text preferred)

Drumchapel Foodbank, KCEDG, Unit 9, Ladyloan Place, G15 8LB:

[www.drumchapelfoodbank.co.uk](about:blank)

01419443335

Refuweegee - Deliver support packages including toilet roll, nappies, Food - shopping or meals, toys, board games, books(support available to everyone):

[https://www.refuweegee.co.uk/](about:blank)

Text PACK to 07520648388 to request items

[enquiries@refuweegee.co.uk](about:blank)

Linkes – Meals available for people living in the Linkes flats in Knightswood:

[contact@linkes.org.uk](about:blank)

01419547554

Birth, Baby & Beyond – Emergency baby packs including nappies, formula and wipes and starter packs are available to families facing financial hardship:

[https://birthbabybeyond.org.uk/](about:blank)

contactus@birthbabybeyond.org.uk

[0141 339 7320](about:blank) - Phone line is open 10am – 12pm Wednesday to Saturday. Packs are delivered from 12pm

COPE – phone and online support relating to emotional health for anyone in Drumchapel, Knightswood, Yoker, Temple, Blairdardie, Anniesland, Scotstoun, Whiteinch & Dumbarton Road Corridor:

[https://www.cope-scotland.org/](about:blank)

admin@cope-scotland.org

01419445490 / 07763743296

Support and information for support with fuel costs:

[https://energysavingtrust.org.uk/scotland/home-energy-scotland](about:blank)

Home Energy Scotland free on 0808 808 2282

[Emma.Howe@sc.homeenergyscotland.org](about:blank)

01413033131 / 07593934850

Aberlour Urgent Assistance Fund – hardship grants for families – needs a sponsor agency to apply on behalf of the family:

[https://www.aberlour.org.uk/service-category/urgent-assistance-fund/](about:blank)

Parentline – phone support for parents:

[https://www.children1st.org.uk/help-for-families/parentline-scotland/](about:blank)

**08000 28 22 33**

Money Matters – Advice and information relating to finances and financial/welfare rights:

[http://www.moneymattersweb.co.uk/](about:blank)

Emergency utility credit grant applications for those experiencing financial hardship (up to £28 for an individual and up to £49 for a family). Application needs to be submitted by a sponsor agency:

[http://www.moneymattersweb.co.uk/grant-applications/](about:blank)

advice@moneymattersweb.co.uk

Advice line – 01414455221

Citizens Advice Scotland:

[https://www.cas.org.uk/bureaux/glasgow-central-citizens-advice-bureau](about:blank)

01415525556

Money Advice Scotland - Dealing with debt or money worries:

[https://www.moneyadvicescotland.org.uk/](about:blank)

Up to date information on Consumer Rights, Employment Rights, Housing Advice, Financial Advice, Job Retention Scheme and compiling a list of useful contacts that citizens can access in their local area:

[https://coronavirusadvice.scot/](about:blank)

0808 800 9060

Information relation to support for mental health and wellbeing:

[https://www.samh.org.uk/about-mental-health/self-help-and-wellbeing/coronavirus-and-your-mental-wellbeing](about:blank)

Samaritans:

[https://www.samaritans.org/?nation=scotland](about:blank)

116123

[jo@samaritans.org](about:blank)

Childline:

[www.childline.org.uk/](about:blank)

08001111

Breathing Space – phone support:

[www.breathingspace.scot/](about:blank)

0800838587

Universal Credit Helpline:

[https://www.gov.uk/universal-credit/contact-universal-credit](about:blank)

08081699901

Domestic Abuse and Forced Marriage Helpline:

[https://sdafmh.org.uk/](about:blank)

08000271234

Access to information about Covid-19 in other languages:

[https://www.doctorsoftheworld.org.uk/coronavirus-information/](about:blank)

Links to recorded webinars & other materials related to understanding & coping with the stress, distress & trauma of this pandemic from Bruce Perry Neurosequential:

[https://www.neurosequential.com/covid-19-resources](about:blank)